

## GYMNASTICS SCHEDULE

16710 House & Hahl Rd. Cypress, TX 77433 281-469-4599 www.CypressAcademy.com

WE ARE A YEAR ROUND PROGRAM!

s of 07/20/17	TUITION	AUTO PAY DISCOUNT	MON	TUE	WED	THUR	FRI	SAT
TUMBLING								
TOTS			9:20	9:20	9:20	9:20		9:10
walking – 36 months)			10:20	10:20	10:20	10:20		10:15
50 minutes/wk	\$90.00	\$85.00	11:20	11:20	11:20	11:20		11:20
			4:35		4:35			
			5:40	5:40	5:40	5:40	5:40	
			6:50	6:50	6:50	6:50		
			9:15	9:15	9:15	9:15		9:05
PRE-SCHOOL			10:15	10:15	10:15	10:15		10:10
(3 yr. old - Pre K)	\$90.00	\$85.00	11:15	11:15	11:15	11:15		11:15
1 hr/wk						3:10		
			4:30	4:30	4:30	4:30	4:30	
		may vary	5:35	5:35	5:35	5:35	5:35	
	for selec	ct classes	6:45	6:45	6:45	6:45	6:45	
<u>STARZ</u>								
(Kindergarten & up)								
1 hr/wk	000.00	<b>#05.00</b>				3:10		
GIRLS REC	\$90.00	\$85.00	4:30	4:30	4:30	4:30	4:30	9:05
(Second grade & Up)			5:35	5:35	5:35	5:35	5:35	10:10
1 hr/wk STARBURST			6:45	6:45	6:45	6:45	6:45	11:15
FIRECRACKER	Time and are a second							
ROCKETS DYNAMITES	Times may vary for select classes							
BOYS REC								
(Kindergarten & up)								
1 hr/wk COPPER	\$90.00	\$85.00				3:10		
CHROME			4:30	4:30	4:30	4:30	4:30	9:05
STEEL (Invite)			5:35	5:35	5:35	5:35	5:35	10:10
IRON		1	6:45	6:45	6:45	6:45	6:45	11:15
PLATINUM TITANIUM		may vary ct classes	0.10	0.10	0.10	0.10	0.10	11.10
1117410101			Invitationa	I Gymnastic	s Classes	<u>I</u>	I	
Novas			4:25	4:25	4:25	4:25		
1 hr 10 mins			5:30	5:30	5:30	5:30		
-			6:40		6:40			
	\$150.00	\$145.00						
0		, , , ,	4:25	5.00	4:25		5.00	
Supernovas 1 hr 10 mins			5:30	5:30 6:40	5:30		5:30 6:40	
Comets	\$220.00	\$215.00		6:40		6:40		-
Boys Dev Team	\$130.00	\$125.00		6:45		7:00	5:40	·



\$35.00 1<sup>st</sup> child \$25.00 2<sup>nd</sup> child \$15.00 3<sup>rd</sup> child

Includes a FREE T-shirt (Or \$20 for a *Registration* leotard instead of a shirt)

## MAKE-UPS

Gymnasts may do make-ups for any missed classes. Please call ahead or see the office to reserve your spot in any available day and time. Students may also do makeups in other programs!



**10%** off 2<sup>nd</sup> child's first class **30%** off 3<sup>rd</sup> child's first class







## TUMBLING SCHEDULE

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	TUITION	AUTO PAY DISCOUNT	MON	TUE	WED	THUR	FRI	SAT
INTRO TO								9:05
TUMBLING								10:10
5 and up	\$90.00	\$85.00						11:15
1 hr/wk			4:30	4:30	4:30	4:30	4:30	
			5:35	5:35	5:35	5:35	5:35	
			6:45	6:45	6:45	6:45	6:45	
INTERMEDIATE								9:05
TUMBLING		\$85.00	4:30	4:30	4:30	4:30	4:30	10:10
5 and up	\$90.00		5:35	5:35	5:35	5:35	5:35	11:15
1 hr/wk			6:45	6:45	6:45	6:45	6:45	
ACCELERATE								
D								9:05
TUMBLING	\$90.00	\$85.00	4:30	4:30	4:30	4:30	4:30	10:10
5 and up			5:35	5:35	5:35	5:35	5:35	11:15
1 hr/wk			6:45	6:45	6:45	6:45	6:45	
						7:50		
ADVANCED			4:30	4:30	4:30	4:30	4:30	9:05
TUMBLING	\$90.00	\$85.00	5:35	5:35	5:35	5:35	5:35	10:10
5 and up			6:45	6:45	6:45	6:45	6:45	11:15
1 hr/wk			7:50		7:50	7:50		

ANY ADDITIONAL ONE HOUR CLASS IS JUST \$50.00 PER MONTH

<u>Intro to Tumbling:</u> Forward roll, backward roll, kick handstand, side cartwheel, skip cartwheel, skip round-off, beginning standing back-handspring ("Flip Flop"), bridge-up with leg lift.

<u>Intermediate Tumbling:</u> Side cartwheel on line, skip round-off rebound, handstand snap-down, standing back handspring (with spot), beginning round-off back-handspring (with spot), kick handstand hold (3 seconds), bridge kick over.

Accelerated Tumbling: Standing back-handspring with light spot, round-off back-handspring.

Advanced Tumbling: RO, multiple Flip-flops, RO flip-flop back tuck, punch front.

Elite Tumbling: Flip-flop layout, full, double full, punch front step-out.





7 pm – 11 pm
Fun theme night for the kids
\$16 online or
\$20 @ the door
Ages 3 and up
(Must be fully potty trained)

Cash Concessions. All items \$2.00. Items include pizza, drinks & candy

